Is saving a life on your **FALL CHECKLIST?**

You have the power to save lives! Blood donors provide the gift of life to Pacific Northwest hospitals so that medical teams can treat patients with cancer, those receiving organ transplants, and for those who have been burned or experienced other traumas. Donors are needed from our communities in December!!

Donating blood is a critical and safe activity. Pre-appointments, face masks, and photo ID are still required. No walk-ins, guests, or people under age 16 are permitted on-site. Please allow 40-60 minutes to complete the entire donation process. If you have been told in the past that you can't donate blood, please try again, as donation criteria is updated often by the FDA.

To schedule a donation appointment, for Bloodwork's event sites below, and/or to review frequently asked questions, visit **bloodworksnw.org**.

Kenmore Community Club	**Northshore Fire Department / Sta 51**
December 5, 6, 7, 2022	**December 22, 23, 2022**
9:00 AM – 4:00 PM	**9:00 AM – 4:00 PM**
7304 NE 175th Street	**7220 NE 181st Street**
Book Donation Appointment	**Book Donation Appointment**

"I just want to thank you for having heart enough to donate. You have no idea how I feel, a 25 year old single mom of a child with cancer, knowing that someone else is saving my kids' life. I can't thank you enough!"

"I have received 2 blood transfusions in the past 2 days post op for a kidney transplant. It's so cool that a stranger is saving my life. In fact, 3 strangers! 1 transplant and 2 transfusions. Thanks to you and them, I will live to see my 30s."

Have a question? Email schedule@bloodworksnw.org or call 800-398-7888. There is no waiting period to donate blood if you recently received a COVID vaccine. For more information regarding blood donation during COVID-19, visit https://www.bloodworksnw.org/about/news/coronavirus

Bloodworks Northwest

BloodworksNW.org / 800-398-7888